

Theme-Based Ministry: Worship, Personal Spiritual Experience, & Small Group Ministry

Worship: Sundays 10:00 a.m. - 11:15 a.m., Sanctuary

Personal Spiritual Experience: Exercises shared each month in our UUCSH e-newsletter

Small Group Ministry: the following Mondays 7:00 p.m. – 9:00 p.m., Sanctuary

Sept. 28, Oct. 26, Nov. 16, Jan. 25, Feb. 22, Mar. 28, Apr. 25, May 23

What is theme-based ministry?

The intention of theme-based ministry is to give the entire congregation the opportunity to explore the themes we focus on in worship in more depth.

Unitarian Universalists want to do more than just read and talk about spiritual topics – we want to experience them. Discussing topics is important but there is nothing like experiential learning.

Our monthly themes are not just interesting topics. They focus us on a spiritual value that our Unitarian Universalist faith has historically honored and emphasized. At each gathering, we are reminded that our faith promotes a preferred way to be in the world. This is why each monthly theme is couched within the sentence: “What does it mean to be a people of ___?” UUCSH is engaging with these themes alongside over 130 other UU congregations from all around the country in a program called “Soul Matters.”

Personal Spiritual Experience

Each month we will share with you, through the UUCSH e-newsletter and our weekly email communications, an exercise you are invited to engage with.

To join our e-newsletter and weekly email distributions, please contact the UUCSH office at uucsh@uucsh.org or 908-927-0601.

Our monthly themes for 2015-2016:

“What does it mean to be a people of ___?”:

September: Invitation
October: Letting Go
November: Ancestry
December: Expectation
January: Resistance
February: Desire
March: Liberation
April: Creation
May: Blessing
June: Simplicity

Small Group Ministry invites a small group to contemplate and share deep reflections on thought provoking topics as introduced and explored during Sunday worship services and to share their experiences with the monthly exercises.

During these gatherings, participants will use a model for careful, uninterrupted listening that allows all to feel truly heard. The format will closely follow that of previous offerings of Heart to Heart and Soul to Soul.

Attendance will be “drop in” style and participants are welcome to attend as many as they would like!

Mondays Evenings, 7-9p.m., Sanctuary

Sept. 28, Oct. 26, Nov. 16, Jan. 25,
Feb. 22, Mar. 28, Apr. 25, May 2

Facilitators: Rev. Jennifer Kelleher, Chris Buja, et al

These monthly topics will be explored during worship under a year-long umbrella theme of “Being a People of Welcome, Purpose, and Justice”.

Why Adult Faith Development (AFD)?

Our personal growth lasts a lifetime and goes far beyond adding to our intellect and expanding our careers. Our spiritual journeys need focus and energy too. Personal spiritual growth is important to our well-being and that of our faith. The Adult Faith Development Team invites you to join one or more of this year's programs to enrich and inform your heart, mind, and soul.

Join us on your spiritual journey from personal introspection, to service through leadership in the congregation, to transforming the surrounding community.

AFD Ministry Team Purpose

The purpose of the AFD ministry team is to provide meaningful spiritual learning possibilities which help our congregation together and as individuals live its affirmation:

“Love is the spirit of this congregation, and service is its heart; this is our greatest covenant: to seek the truth in freedom, to dwell together in peace, and to help one another.”

If you are interested in being a part of the Adult Faith Development ministry team please speak with Chris Buja, DLFD or Rev. Jennifer Kelleher.

Common Read 2015-16

Read, then discuss, Just Mercy by Bryan Stevenson on Sunday April 24, 2016, hosted by Social Action Committee.

Please contact Michelle Edgar (working4peace@gmail.com) or Denise Galligan (dgall2410@gmail.com) to place your book order and for more information.

The “Common Read” is selected by the Unitarian Universalist Association and congregations are encouraged to read it during the same congregational year. It is intended to raise awareness on certain justice and spiritual issues, with the potential for greater impact when UU congregations work together in addressing those challenges.

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Adult Faith Development 2015-2016

***“Being a People of
Welcome, Purpose,
& Justice”***



“Pink Rhythms Chalice” peacepeg.tripod.com

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